

# Put Life Back in Your Life



I was tired. I hurt all the time. It felt like my health problems were telling me what I could and couldn't do. LiveWell workshops put me back in charge.

Now I have the energy to do the things that matter. I've put life back in my life.

LiveWell at the  
Berlin Community Center, Room 2  
Call (860) 828-7006 to register today



Workshops every Wednesday from 9:30 to 12:00 beginning April 14, 2010