

## ***Putting on AIRS***

*Putting on AIRS*-Asthma Indoor Risk Strategies is a program of the Region II Asthma Coalition coordinated by the Central CT Health District.

*Putting on AIRS* helps you find what may be making your asthma worse. With your permission, trained staff checks your home for things that may start asthma attacks.

✦ **Who will check my home for asthma triggers?** A Nurse and/or Health Educator and one of our Environmental Health Specialists will visit your home. They will go over their findings with you. They may make suggestions to help you control your child's (or your) asthma.

✦ **Will the Nurse/Health Educator answer questions about asthma?** The Nurse/Health Educator will review the asthma plan and medicines with you. She/He will help you understand how to manage asthma. You should speak with your doctor or nurse when you have questions or when you have problems with your asthma.

✦ **What happens then?** Putting on AIRS staff will share the findings and suggestions from their visit to your house with your doctor or nurse.

To arrange for a **FREE** home visit - call our *Putting on AIRS* Program Coordinator, Hilary Norcia at 860-665-8571



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